

Member / Guest Appearance Policy

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Members and guests must wear clothing that is safe and appropriate for the activities of the class. Clothing that is potentially disruptive to the recreational process or that endangers the health or safety of that person or others will not be permitted.

Inappropriate clothing includes, but is not limited to:

- Clothing that has sexual implications, promotes alcohol, drug use or violence, or contains profanity.
- Clothing that exposes one's midriff, see-through or suggestive clothing; clothes with plunging necklines, halter tops, tube tops, or revealing short shorts.
- Metal chains, spiked collars or cuffs that could be a safety hazard or used as a weapon.
- Pants worn below the hipbone (no sagging), showing skin.
- Visible undergarments.

Appropriate shoes must be worn in the weight room, gym or on any machines.